

# Super Bowl Urban Food Blitz

## Urban MYO station

Mix, match and top to create your touch down food play with an Urban MYO station that will have something to please everyone from; the hungry dude, teenagers as well as the new year's resolution peeps! Set out assorted base layer, proteins and toppings options, then guests can design their own individual portion nacho. You could pop a personal nacho in the oven or just keep hot toppings ready to eat for a no oven finish. This system will also serve a MYO bowl, or taco! Overall this is More of a concept than a recipe, in the end use what you have or what interests you and your guests.

### *Base Layer Ideas*

- southwest style whole grain rice (add cumin, onions, chipotle and diced tomatoes to your favorite brown or white rice)
- tortilla chips; red, blue, bean, yellow or white corn or a little of each for a colorful display
- thick cut seasoned potato chips
- Chopped lettuce
- soft corn or flour tortilla
- tater tots or fries

### *Proteins Ideas*

- adobo chicken (pulled or sliced)
- buffalo chicken
- pulled pork (spicy or BBQ)
- grilled steak with fun Latin spices
- pulled beef brisket
- seasoned ground sirloin
- seasoned ground turkey or chicken
- BBQ jackfruit (vegan)
- grilled or golden popcorn shrimp

### *Topping Ideas*

- black beans
- roasted corn
- banana or pickled jalapenos
- diced peppers & onions
- queso Fundito (hot melted cheese sauce)
- buffalo cauliflower
- roasted vegetables

- diced avocado
- diced tomatoes
- assorted cheeses
- assorted salsa's
- hot sauces
- lime wedges

## **Design Concepts**

### *The Table*

- Grab a large poster board size black board paper and use chalk marker to write names of toppings for service. Make it football themed by adding x/o plays with arrows, drawing field goal posts, drawing mascots, or football messages.
- Black or white base linen if needed
- Choose all the same style bowls/vessels to display your ingredients. Even inexpensive black disposable bowls would work and make for an easy cleanup.
- Chalk board sign with a short explanation to make a bowl, nacho or taco

### *Accent Ideas*

- Mason jars with a stipe of white tape vertical and smaller slices portrait to create the illusion of a football "skin"
- Water bottle wrapped in a referee stripes
- Astro turf coasters with field lines painted on them
- Fun football paper straws
- Football bingo using M&Ms as pieces

## **Super Bowl Beverages**

This year's big game is held in Atlanta, where the New England Patriots will face off with the Los Angeles Rams. Here are three drink ideas that give a nod to each team and the host city.

### *Georgia Sweet Tea*

- 6oz sweet tea
- 1oz peach flavored vodka
- Frozen peaches
- Directions: Combine tea and vodka over ice. Float a frozen peach as garnish

### *New England Black & Tan*

- ½ bottle Samuel Adams Logger
- ½ bottle Samuel Adams Stout
- Directions: pour logger into chilled pint glass then pour stout over the logger

### *Battering Ram*

- 4oz Red Bull
- 1oz vodka
- 1oz tequila
- Splash of fresh lime juice
- Directions: Combine everything and serve over ice

## **Two Unique Caterers & Event Planners**