



Entrées

Mediterranean “Bowl”

med spiced zesty char-grilled chicken \$11.50 or salmon \$12.95
Lentil & sweet potato bake, kale & of sprinkle of goat cheese
chopped Mediterranean salad

Med Trio Grilled Pitas (served warm)

lemon oregano chicken, purple onions, tomato and cheese
gyros; tomato, tzatziki
veggie pita
choose any two deli sides
\$11.50

Soups

Moroccan vegan lentil stew
Mediterranean avgolemono Soup
\$2.50

Side Salads

Mediterranean-style mustard potato salad

chick pea & pasta “tabbouleh style”

chopped Mediterranean salad; crispy greens, kalamata olives, purple
onions, radishes, cucumbers, parsley & oranges. Sumac vinaigrette

Desserts

Greek honey lemon cake with pistachios and almonds \$1.50ea
date coconut bars \$1.50ea



Entrées

Latin "Bowl"

Cuban chicken \$11.50 or salmon \$12.95
rice and black beans, roasted peppers and onions, pineapple mango
salsa
southwest cobb

MYO Sliders \$11.50

choose two proteins: braised brisket, southern hot honey chicken,
vegetable black bean, or bbq pork
pickles, slaw, Carolina bbq sauce, chipotle mayo
spicy bbq potato chips
choice deli or green salad

Soup

vegetarian tortilla \$2.50

Side Salads

Southwest Cobb: sun dried tomatoes, avocado, queso fresco, egg,
jalapeno corn vinaigrette

Lemony Pasta Salad: white beans, cauliflower, kale, sundried tomato,
chickpeas, mustard caper vinaigrette

Grilled Sweet Potato Salad: corn, cilantro, black beans and roasted
peppers, chipotle dressing

Desserts

Mexican chocolate brownies \$1.75

Mexican wedding and dulce de leche sandwich cookies \$2.00